



Family Worship

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Basic elements: Scripture. Song. Prayer.

Psalm 95:1-7a

It's hard:

- Satan doesn't want you to do it. Spiritual battle.
- Kids get wiggly.
- There are eighty million other things to do.
- You can't stay with it and be consistent
- You don't know what to do because you're not a pastor or Bible scholar.
- You're not musical.
- You have a hard time praying.

Timeframe:

- How long? 5-10 minutes
- When during the day? Whenever works consistently for your family
- How many times a week? Shoot for every day and you'll actually hit 3-4 times a week (which is great!)

Why?

- It's worth it because it glorifies God and builds up your family.
- Hard things take discipline. I'm not going to lie. You need to stick with it.
- This is a spiritual battle so put in the armor of God.
- Kids will be wiggly and mopey and all kinds of ways. Do it anyway. In my family they can move around and things except when we're actually reading the Word of God.

Scripture:

- You are equipped. If you go to a Bible believing, gospel preaching church, you are equipped.
- Use the worship service.
- Study the Word.
- Use sermon notes.
- Jesus Storybook Bible.
- Dinner Table devotions.
- Westminster Confession of Faith.
- Children's Catechism.
- You can change it up.



Songs:

- Songs you sang last Sunday or if you can sing songs you will sing this coming Sunday.
- Not musical? iTunes YouTube both often have music with words.
- You don't have to sing a bunch of songs.
- My family often just sings the Doxology.
- Ask your pastor or music director for resources.

Prayer:

- If you "aren't good at praying" then pray about that. Ask God to give you the boldness to pray.
- Few things are more formative for children than to hear their parents (especially dads) pray.
- Have kids pray.

Psalm 95:1-7a

- ¹ Oh come, let us sing to the LORD;
let us make a joyful noise to the rock of our salvation!
- ² Let us come into his presence with thanksgiving;
let us make a joyful noise to him with songs of praise!
- ³ For the LORD is a great God,
and a great King above all gods.
- ⁴ In his hand are the depths of the earth;
the heights of the mountains are his also.
- ⁵ The sea is his, for he made it,
and his hands formed the dry land.
- ⁶ Oh come, let us worship and bow down;
let us kneel before the LORD, our Maker!
- ⁷ For he is our God,
and we are the people of his pasture,
and the sheep of his hand.

Questions for discussion:

- Why do you want to have family worship?
- How can your church aid families in engaging with family worship?
- Do you think there's a difference between family worship and family discipleship? How are they different? How are they similar or in what ways do they overlap?
- Why is family worship hard to do? Are there ways you find it difficult?
- What are some resources for family worship that you know of? Are there others you could ask for resources if you don't have them?
- How can you adapt family worship as families grow and as kids get older?